

A BETTER LIFE FOR A SAFER PLANET

Follow these steps to safeguard the future for us and our children

T RANSPORT

Whenever possible, walk, cycle or use public transport rather than using a car. Holiday close to home or look for alternatives to flying. Need inspiration? Take a look at: www.seat61.com

E NERGY

Reduce energy consumption and sign up to an energy provider that supplies 100% renewable energy. Make your home cosier and cut down your emissions with loft insulation and draught proofing etc. For advice try: warmandsafe@cse.org.uk tel: 0800 038 5722

R EFUSE R EDUCE R EUSE R EPURPOSE

And if all else fails..... Recycle.

Buy less. Ask yourself, "Do I really need this?" Give away, don't throw away. See Freegle, for example, www.ilovefreegle.org

C ARBON CAPTURE T O REDUCE C LIMATE CHANGE

Grow plants to absorb Co2
Reap the rewards of flowers and pollination
Or go larger with trees to help with
Water retention to decrease flooding

Encourage and protect wildlife. And choose food produced with minimal chemicals. Better for us - Better for the environment.

S USTAINABLE F OOD

Avoid food waste by planning ahead. Always try to choose local, British and organic/Fairtrade produce where cost allows. Do your best to support independent shops, farmshops and markets. Eat seasonally and enjoy good food.

F INANCE

Banking and investing ethically is a powerful way to drive positive change. The mission of Triodos Bank, for example, is to work for positive social, environmental and cultural change.

S HARE & C OMMUNICATE

Let's get talking about climate change. Try joining a local group taking positive action for our environment. How about joining us? Visit: www.climatefriendlybradfordonavon.co.uk

Above all, tell national and local politicians that climate change and the environment is a high priority for you.